


DISTRICT 30 AFG

FEBRUARY 2025 NEWSLETTER



A monthly communication of what's happening in,
and around our Orange County groups

The District Inventory questions will be emailed to your Group Representatives in the coming weeks, please participate by sharing the questions with your group. A Representative from Area Service will collect answers and conduct the discussion in May 2025.

If your Group has not completed a yearly inventory exercise, the template is available

<https://al-anon.org/pdf/G8b.pdf>

*Online link District Meeting for 2/03

ID 846 6202 4376


passcode District30



The February District meeting will be held on Monday, Feb. 3rd all are welcome

Our monthly District meeting is held each month, on the first Monday, in person at Goshen Public Library, Meeting Room B, 366 Main Street, Goshen, NY 10924

Members can also join online with the District Meeting link www.zoom.us -ID 846 6202 4376 passcode District30



ALATEEN NEEDS YOUR SUPPORT! TRAINING FOR AL-ANON MEMBERS INVOLVED IN ALATEEN SERVICE HAS BEGUN FOR 2025, CHECK THE DISTRICT WEBISTE FOR THE SCHEDULE TO GET STARTED

WHAT DOES GETTING INVOLVED IN DISTRICT SERVICE LOOK LIKE?*

HERE IS ARE DESCRIPTIONS AND SHARES FROM MEMBERS
CURRENTLY SERVING AS:

DISTRICT REPRESENTATIVE-

The District Representative is elected by the voting Group Representatives within the District. The DR chairs the District meetings for Group Representatives, represents the Groups of the District at Area World Service (AWSC) meetings and communicates information to and from the Area Assembly of Al-Anon family groups and World Service Office. The DR serves as an information source and resource for the groups. The DR position is traditionally held by a current or former Group Representative.

Service as the DR for District 30 has complimented by recovery and inspired me to study the the Legacies further to serve our groups and the District as a whole. in my experience, it is a committment that requires at least 2 hours of service work in addition to your own personal program work.

PHONE SERVICE COORDINATOR

Phone service is an integral part of Alanon outreach. Groups in District 30 (currently 15 participating groups) rotate this important service on a weekly basis by being available to respond to the Alanon helpline. Individual group members choose a day to serve –

checking 3 or so times on any given day to listen for any messages that may have been left. An important thing to remember is that, should you return a call, you are not giving

advice but rather lending a compassionate ear and directing them to the Alanon website www.al-anon-ocny.info.

As Phone Service Coordinator it is my job to create and distribute the schedule and send a reminder to the group's GR at least a week before their service. Phone service is a great way to help support the various arms of Alanon outreach.



*MORE DESCRIPTION OS SERVICE WILL FOLLOW NEXT MONTH